

Registration Form/Tax Invoice

(Please keep a copy for your records)

ABN 80 961 835 694

Taming the Brumbies Workshop

Sydney 4th May 2018, Aerial UTS Function Centre

Title: _____ Name: _____

Position: _____

School/Org: _____

Address: _____

Mobile Ph: _____ Dietary Req: _____

Email: _____

I agree to the conditions of registration & cancellation policy

Please mark if you need a separate invoice.

Order No (if applicable): _____

Registration Fees

Early Bird \$330 inc GST (before 13th April 2018)

Standard \$385 inc GST (after 13th April 2018)

PAYMENTS:

Bank Transfers:
The Bendigo Bank
BSB: 633-000 Acc No: 153 168 216
Account Name: Propsych
PLEASE QUOTE NAME OF DELEGATE

Cheque Payments:
Payable to Propsych

Credit Card: VISA M/Card

CardNo: _____

Exp: _____ Sec. Code: _____ Name _____

Signature: _____ Date _____

Forms & Payment to:

Propsynd, PO Box 5292, South Melbourne Vic 3205

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**NESA ACCREDITED - for
NSW Delegates (formerly
BOSTES)**

Completing the Taming the Brumbies in Your Classroom: Horse-whispering Techniques that Work for Wild and Spirited Children will contribute 6 hours of QTC Registered PD addressing the following Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW: 3.4.2, 3.7.2, 4.1.2, 4.3.2, 4.4.2, 7.1.2, 7.3.2.



TQI ACCREDITED - For ACT Teachers

The Taming the Brumbies in Your Classroom: Horse-whispering Techniques that Work for Wild and Spirited Children is accredited with the ACT Teacher Quality Institute for 5 hours of Continuing Professional Development.

Sydney: Friday 4th May 2018

Venue: Aerial UTS Function Centre

Level 7/235 Jones St (Building 10)

Ultimo NSW 2007

<http://www.aerialutsfunctioncentre.com.au/>

- Shannon's was one of the stand out presentations - so passionate and interesting!
- A superb, confident and impressive presentation
- Shannon Morton - a wonderful presentation. Richly informative and yet very practical
- Well researched and presented.
- Lots of practical help.
- Dr Morton - Excellent! Practical! The best Workshop!!



Taming the Brumbies in Your Classroom:



Horse-whispering Techniques that Work for Wild and Spirited Children

Dr Shannon Morton

Sydney 4th May 2018



Target Audience:

Teachers, Year Level Coordinators, Wellbeing Coordinators, School Leaders and other Personnel interested in better understanding and managing students with disruptive behavioural disorders, and/or challenging day to day behaviours.



Full Day Workshop Taming the Brumbies in Your Classroom:

Horse-whispering Techniques that Work for Wild and Spirited Students

Managing children with disruptive behavioural disorders such as ADHD, Oppositional Defiance Disorder, Disruptive Mood Dysregulation Disorder, or Conduct Disorder, is one of the greatest challenges for over-stretched teachers. With the removal of corporal punishment to demand compliance with school rules out of fear, many teachers are at a loss with how to tame children who courageously defy authority, buck the system, seem un-responsive to less violent punishments, jump the fences, and trample those that attempt to “ride them” like the rest of the children, with mainstream expectations. What can educators learn from Horse-whisperers about the “breaking in” process, when faced with free spirits who need their autonomy and resist being “told what to do”? How can we reframe challenging behaviours in a manner that promotes a more prosocial orientation, healthy self esteem formation, maintains educational engagement, provides safety for the brumby and those around them, and saves the sanity of authority figures in the process? Welcome to the pursuit of “kid-whispering” by self-identified, (mostly) reformed brumby, and now professional kid-whisperer, Child and Adolescent Psychiatrist Dr Shannon Morton.

This full day workshop will take teachers on a tour of the common types of brumbies in their classroom, what motivates them, how they think, and how to connect with them, using creative and pragmatic “out of the box” strategies. Learning how to adopt the “sacred rodeo clown” archetype, teachers will gain confidence in shepherding the wildest of children towards active learning, and creating meaningful collaborative partnerships. By establishing themselves as “the noble leader of the brumby herd”, educators can powerfully model how to “walk the line” of social acceptability. Through creatively pushing boundaries with play and humour, harnessing rebellion and social courage with principles of social justice and advocacy, brumbies can be tamed, whilst still maintaining their spirit as change agents, for the greater good! Buckle up, buckeroos, it’s going to be quite a ride!

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Standard \$385 inc GST (after 13th April 2018)



Presenter Dr Shannon Morton

Child and Adolescent Psychiatrist



Dr Shannon Morton is a Child and Adolescent Psychiatrist with a special interest in treating young people who naturally exist outside the usual boxes, and prefer to colour outside the lines. She is the Clinical Director of the “The Kooky Kid Clinic”, a multidisciplinary clinic with a difference in Brisbane, where humour and holistic, expressive therapies are used to celebrate differences, reframe medical symptoms and sufferings, and challenge stigmatising stereotypes head on. She has previously worked in a Prison Mental Health Service, and spent many years working in a low socio-economic area, with a large number of children with externalising disorders in her practice.

She has special interests in working with young people with Tourette Syndrome and associated challenges, those suffering from self harm, or those with unconventional tendencies that push institutional boundaries. She has assisted in research data collection for Deep Brain Stimulation (DBS) treatment of severe Tourette Syndrome, and was one of the youngest speakers invited to present at the World Congress of Biological Psychiatry in Paris, on the topic of refractory Tourette Syndrome in Adolescents. She has also acted as a medical advisor for the SBS Documentary “The Silent Epidemic” on the science of self injury, having worked with world experts on mirror neurons at the La Sapienza University in Rome during her research project on emotional mirror neurons, attachment, and self harm. She currently runs “The Healing Circle”, a self harm recovery group for teens, and “Bubble and Squeak”, a Tourette Syndrome support group.

Workshop Program



9.00 – 10.30am

A tour of the common “brumby breeds” and patterns of disruptive behaviour in the classroom, common healthy and unhealthy labels and conditions, common medical conditions and syndromes described DSM 5. An introduction to the principles and history of Horse-whispering.

10.45 - 12.15pm

Research related to Attachment Theory: Bowlby and Ainsworth, Circle of Security principles, Neurobiology of Attachment Theory, Emotional Mirror Neurons for emotional regulation. Principles of “Hot” (reactionary) and “Cold” (instrumental) anger, literature on human aggression. Physiological arousal, emotions, and learning A summary of Daryl Drew’s “Teacher Savvy” and “teachable moments” principles, (Library and Archives Canada, 2006).

12.45 - 2.15pm

Research about humour, creativity, and play, and how this relates to the neurobiology of optimal learning. Psychological defense mechanism theory. Dealing with Oppositionality: Research and real-world applications.

2.30 - 4pm

Actual examples of “Brumby-Taming” and Brumby-Taming experiential activity where Dr Morton attempts to tame any wayward audience members back into the herd. Rodeo debrief: Open Mic for participants to share challenges with Brumbies in their classroom, with group discussion and brainstorming of creative solutions.

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Visit website for online Registration & Workshop Details:

WWW.PROPSYCH.COM.AU