

Registration Form/Tax Invoice

(Please keep a copy for your records)

ABN 80 961 835 694

Nonsuicidal Self Injury Workshop

Melbourne 26th July 2018

Title: _____ Name: _____

Position: _____

School/Org: _____

Address: _____

Mobile Ph: _____ Dietary Req: _____

Email: _____

- I agree to the conditions of registration & cancellation policy
- Please mark if you need a separate invoice Order No: _____

Registration Fees

Early Bird \$330 inc GST (before 5th July 2018)

Standard \$385 inc GST (after 5th July 2018)

PAYMENTS:

- Bank Transfers:
The Bendigo Bank
BSB: 633-000 Acc No: 153 168 216
Account Name: Propsych
PLEASE QUOTE NAME OF DELEGATE
- Cheque Payments:
Payable to Propsych
- Credit Card: VISA M/Card

CardNo: _____

Exp: _____ Sec. Code: _____ Name _____

Signature: _____ Date _____

Forms & Payment to:

Propsych, PO Box 5292, South Melbourne Vic 3205

Fax: 03 9645 3146 Email: info@propsych.com.au

WWW.PROPSYCH.COM.AU



NESA ACCREDITED - for NSW Delegates (formerly BOSTES)

Completing the Body as a Voice: Non-suicidal Self-injury in the School will contribute 6 hours of QTC Registered PD addressing the following Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW: 3.7.2, 4.1.2, 4.2.2, 4.4.2, 4.5.2, 7.2.2, 7.3.2



TQI ACCREDITED - For ACT Teachers

The Body as a Voice: Non-suicidal Self-injury in the School is accredited with the ACT Teacher Quality Institute for 5 hours of Continuing Professional Development.

MELBOURNE
Thursday 26th July 2018

Venue: Rendezvous Hotel

328 Flinders St.
Melbourne VIC 3000

<https://www.rendezvoushotels.com/hotel/melbourne>

- Brilliant in the presentation, engaging and obviously discussing up-to-date research which is so important
- Loved the school resources and found Madeline's presentation very relevant
- Good, clear information and practical strategies given
- Loved how it was very school orientated and how schools can action processes
- Awesome school resources. Loved it, thanks!
- It is great that we hear from the specialists on how Self Harming functions for a young person. This is news to teachers as we do not necessarily understand the cognitive reaction to difficult times.



professional support services
for school psychology

The Body as a Voice: Non-suicidal Self- injury in the School



Melbourne 26th July 2018



Target Audience:

Teachers, Year Level Coordinators, Heads of School, School Counsellors, Psychologists, School Leaders and other Personnel working with students who engage in non-suicidal self injury.



Full Day Workshop

The Body as a Voice: Non-suicidal Self-injury in the School

Why do young people self-injure? The urge to cut, scratch, rub, tear and burn our skin seems in direct contrast to our innate instincts of self-preservation and survival. Yet, nonsuicidal self-injury (NSSI) is a significant physical and mental health concern affecting adolescents, with an estimated lifetime prevalence in Australia of 8.1% over individuals over the age of 10 years (Martin, Swannell, Harrison, et al., 2010). NSSI is highly confronting and distressing to family, friends, and educators. The behaviour or its consequences results in significant personal costs, such as permanent physical scarring, significant distress, interference with interpersonal relationships, and school.

An Essential PD Workshop for all educators and wellbeing staff

This full day workshop will focus on practical information and skills to manage nonsuicidal self-injury (NSSI) that can be assimilated directly back into your school environment. Beginning with differentiating NSSI from suicide, and operationally defining the behaviour, Madeline will present the results of her recent PhD research to provide a comprehensive profile of this NSSI. This workshop will also aid in the identification of young people who may be at greater risk of self-injuring. Madeline will also concentrate on harm minimisation and strategies that can be employed to help decrease self-injurious behaviours. The session will end with ways to minimise the potential spread of NSSI within your school.

WWW.PROPSYCH.COM.AU

Presenter

Madeline Wishart Project Manager, Victoria University & YSAS



Madeline Wishart is a Project Manager at Victoria University and YSAS, and has specialised in the area of nonsuicidal self-injury (NSSI) for the past 14 years, recently submitting her PhD into the psychosocial determinants of the acts and functions of nonsuicidal self-injury. She was one of the first to set up a fully integrated service aimed at better managing and treating young people engaging in NSSI, as the Project Officer on the Managing Deliberate Self Harm Project at Nillumbik Community Health Service. She has experience in developing policies and procedures, and co-developed and co-facilitated of the From Harm To Calm therapeutic group. Madeline also has experience as a youth, school, and trauma counsellor with a focus on adolescent mental health. She has presented numerous seminars, conference presentations and workshops on managing NSSI in adolescents.

Registration Fees

Early Bird \$330 inc GST
(before 5th July 2018)

Standard \$385 inc GST
(after 5th July 2018)



Program



9.00 – 10.30am

What is NSSI? Key features, differential diagnosis, early indicators, prevalence and risk factors.

10.45 - 12.15pm

Developing a theoretical understanding of NSSI: Key components in minimising harm around self harming behaviours, Appropriate steps when a student discloses self injury, undertaking a basic medical assessment, appropriate referral.

12.45 - 2.15pm

Identifying and engaging students who self-injure: practical information and skills to manage and decrease nonsuicidal self-injury.

2.30 - 4pm

Managing & containing NSSI in the school context: Understanding and applying confidentiality AND duty of care responsibilities. formal protocols for supporting students who are engaging in nonsuicidal self injury minimising the potential spread of NSSI within your school.

MELBOURNE: Thursday 26th July 2018

[Venue: Rendezvous Hotel](#)

328 Flinders St.
Melbourne VIC 3000

<https://www.rendezvoushotels.com/hotel/melbourne>

Visit website for online Registration & Workshop Details:

WWW.PROPSYCH.COM.AU