

Venue, accommodation and transport details for our upcoming full day workshop:

Taming the Brumbies in Your Classroom: Horse-whispering Techniques that Work for Wild and Spirited Children

With: Dr Shannon Morton, Psychiatrist

Sydney Friday 4th May 2018 9am – 4pm

AERIAL UTS FUNCTION CENTRE

We take care to provide you with as much information as possible in order to ensure a smooth day for you. Please take careful note of the details.

PROGRAM

9-10.30am:

Introduction to Classroom Brumby-Taming

- A tour of the common “brumby breeds” and patterns of disruptive behaviour in the classroom with reference to common healthy and unhealthy labels and conditions that may apply. Includes reference to common medical conditions and syndromes described in the Diagnostic and Statistical Manual 5 (DSM 5), and how to detect and understand these students.
- An introduction to the principles and history of Horse-whispering, including: Monty Roberts, reading body language, leader of the brumby herd, and relational “join up”.

10.45-12.15pm:

Achieving “Join Up” - Parallels between Classroom Brumby-Taming and Attachment Theory

- Research related to Attachment Theory: Bowlby and Ainsworth, Circle of Security principles, Neurobiology of Attachment Theory, Emotional Mirror Neurons for emotional regulation.
- Principles of “Hot” (reactionary) and “Cold” (instrumental) anger, literature on human aggression, with application to approaching different types of anger in the classroom.
- Physiological arousal, emotions, and learning: The optimal state of tension for Whirling Dervishes and Monks, and everyone in between.
- A summary of Daryl Drew’s “Teacher Savvy” and “teachable moments” principles, (Library and Archives Canada, 2006).

PROGRAM (continued)

12.45-2.15pm:

Rolling with Resistance – Sacred Rodeo-Clowning and Becoming the Brumby Herd Leader

- Reserach about humour, creativity, and play, and how this relates to the neurobiology of optimal learning.
- Psychological defense mechanism theory. Dealing with Oppositionality: Research and real-world applications.

2.30-4pm:

Brumby-Taming in Action

- Actual examples of “Brumby-Taming” demonstrating the principles of sacred rodeo-clowning, join-up, harnessing the brumby spirit towards productive learning, leadership, advocacy, and innovation. “Brumby-Taming” at a micro and macro level.
- Brumby-Taming experiential activity where Dr Morton attempts to tame any wayward audience members back into the herd.
- Rodeo debrief: Open Mic for participants to share challenges with Brumbies in their classroom, with group discussion and brainstorming of creative solutions.

CPD Points: For your CPD records, a certificate of participation will be issued.

1.



For NSW Teachers

Completing the *Taming the Brumbies in Your Classroom: Horse-whispering Techniques that Work for Wild and Spirited Children* will contribute 6 hours of QTC Registered PD addressing the following Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW: 1.6.4, 4.1.4, 4.4.4.

2.



For ACT Teachers

The *Taming the Brumbies in Your Classroom: Horse-whispering Techniques that Work for Wild and Spirited Children* is accredited with the ACT Teacher Quality Institute for 5 hours of Continuing Professional Development.

Dietary Requirements:

Refreshments on arrival, morning and afternoon tea and lunch are provided. All requested dietary requirements will be catered.

Venue:

Aerial UTS Function Centre

Level 7/235 Jones St (Building 10),

Ultimo NSW 2007

<http://www.aerialutsfunctioncentre.com.au/>

Please note that conference venues may vary in temperature – it is advisable to dress accordingly.

Getting to the UTS Function Centre:

The Aerial UTS Function Centre is located Level 7/235 Jones St (Building 10), Ultimo, NSW 2007.

Positioned on the edge of the Sydney CBD and within the UTS Broadway Campus, the centre is within close proximity of **Central Station**, light rail and bus routes.

Parking: onsite parking is offered as well as both paid and un-paid street parking

Please see the following link for a map of the area: <http://www.aerialutsfunctioncentre.com.au/location-and-contact/index.html>

Accommodation:

Nearby Hotels:

The Mecure Hotel

818-820 George St

Ultimo NSW 2007

Ph: 02 9217 6666

<http://www.mercuresydney.com.au/>

Novotel Sydney Central

169-179 Thomas St

Sydney NSW 2000

Ph: 02 9281 6888

<http://www.novotelsydneycentral.com.au/contact-en.html>

Metro Aspire Hotel Sydney

383-389 Bulwara Rd

Ultimo NSW 2007

Ph: 02 9211 1499

<http://www.metrohotels.com.au/hotels/new-south-wales/aspire-hotel-sydney/welcome/>

Handouts and Relevant Pre-reading:

- **Handouts and any relevant pre-reading will be sent to you electronically. Propsych will endeavour to send this prior to the workshop, but this is not always possible. In such cases, it will be sent to you as soon as possible after the event.**

CONDITIONS OF REGISTRATION AND CANCELLATION POLICY

- Full day seminar cost includes GST, handouts, morning & afternoon tea and lunch.
- Registration costs do not include any form of accommodation or parking.
- Cancellations: Refunds less \$80 admin fee for cancellations received in writing via email or mail 14 days prior to the event. No refunds after this date. Registrations may be transferred in full to another person.
- Please note that the due date for invoices will be 30 days from the invoice date OR the cut off early bird or standard rates, whichever is sooner.
- While every effort is made to retain the integrity of the program, there may be unforeseen circumstances that require changes. ProPsych reserves the right to alter the program without notice.

For further information, please contact:

Paula Teggelove 0411 987664 or Email: info@propsych.com.au

We look forward to seeing you on 4th May.

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